

Resources for Families and Health Care Providers During the COVID-19 Pandemic

Thank you for visiting the Maryland Breastfeeding Coalition. We know you may have questions about the safety of your family and the safety of breastfeeding during the COVID-19 pandemic. We are sharing a list of website resources compiled by The United States Breastfeeding Committee and advocates around Maryland for you as a breastfeeding parent and for you as healthcare and public health provider. Please visit these websites regularly as this is an evolving situation and information may change.

The Maryland Breastfeeding Coalition

From the United States Breastfeeding Committee:

Resources for Families:

- Academy of Breastfeeding Medicine: [ABM Statement on Coronavirus 2019 \(COVID-19\)](#)
- Carolina Global Breastfeeding Institute: [COVID-19 Resources](#)
- National Child Traumatic Stress Network: [Parent/Caregiver Guide to Helping Families Cope with the Coronavirus Disease 2019](#)
- UNICEF: [Coronavirus disease \(COVID-19\): What parents should know](#)

Resources for Health Care Providers:

- American College of Obstetricians and Gynecologists/Society for Maternal-Fetal Medicine: [Outpatient Assessment and Management for Pregnant Women With Suspected or Confirmed Novel Coronavirus \(COVID-19\)](#)
- Centers for Disease Control and Prevention: [Interim Considerations for Infection Prevention and Control of Coronavirus Disease 2019 \(COVID-19\) in Inpatient Obstetric Healthcare Settings](#)
- World Health Organization: [Clinical management of severe acute respiratory infection when novel coronavirus \(nCoV\) infection is suspected](#)

Resources for Public Health Workforce and Advocates:

- Centers for Disease Control and Prevention: [Pregnancy & Breastfeeding: Information about Coronavirus Disease 2019](#)
- Congress: [Senators Warren and Murray Urge NIH and FDA to Incorporate the Needs of Pregnant People and Other Underrepresented Populations as Companies Develop Vaccines and Therapeutics for COVID-19](#)
- National Perinatal Association: [COVID-19](#)
- U.S. Department of Agriculture, Food and Nutrition Service: [FNS Program Guidance on Human Pandemic Response](#)

The USBC is closely monitoring the situation. Please visit our [Infant and Young Child Feeding in Emergencies, including COVID-19*](#) webpage for additional resources and stay tuned on email and social media for updates and action opportunities to help minimize the impact of this virus.

From the International Lactation Consultant Association (ILCA):

<http://ilca.org/covid-19/>

From the Maryland Department of Health:

Amid the public health crisis we are facing, Maryland Health Connection has opened up a Coronavirus Emergency Special Enrollment Period for all Marylanders who do not currently have health insurance.

Individuals can enroll now through Wednesday, April 15. Coverage selected during this time will have a start date of April 1, 2020, regardless of when a consumer enrolls during this period.

If you have 1 minute today...

Make sure your community knows they can sign up for coverage during this time, as concern about not having it may be heightened. Take a look at our Coronavirus [Special Enrollment Toolkit](#) to spread the word on social media with one click.

If you have 2 minutes today...

Take a look at our Coronavirus [Special Enrollment Toolkit](#) for additional resources that are quick and easy to share with your networks. We've got newsletter language and additional social media posts and graphics in English and Spanish.

If you have 5 minutes today...

Please forward this email to three or four leaders in your community! This will help spread the news and get people the coverage they need. By forwarding this email you'll also give influencers in your community quick access to the Coronavirus [Special Enrollment Toolkit](#) and our recent [blog on COVID-19](#) which offers guidance on how to enroll and what is needed to apply for coverage. Whether it's a local health leader, faith leader, staff at a community organization, a health care provider, or a friend – we want to be sure we're spreading the word through trusted voices across the state.

Your help and support are crucial as we work to achieve our mission of getting every Marylander quality, affordable coverage during this important time.

From Amy Resnik, Maryland WIC Breastfeeding Coordinator:

Please let people know that WIC is still functional, but we are working in different ways (and things can rapidly change). Those who qualify for WIC should call their WIC office before coming. We have allowances for doing WIC visits remotely, even when people previously had to show up in person. It depends on the specific situation and participant category, so each person should talk with their WIC office.

From Lactation Education Resources:

Healthcare providers may go to the following website to download fact sheets for providing lactation support: <https://www.lactationtraining.com/covid-19>

From the World Health Organization:

<https://www.who.int/news-room/q-a-detail/q-a-on-covid-19-pregnancy-childbirth-and-breastfeeding>