

Resources for Families and Health Care Providers During the COVID-19 Pandemic

Thank you for visiting the Maryland Breastfeeding Coalition. We know you may have questions about the safety of your family and the safety of breastfeeding during the COVID-19 pandemic. We are sharing a list of website resources compiled by The United States Breastfeeding Committee and advocates around Maryland for you as a breastfeeding parent and for you as healthcare and public health provider. Please visit these websites regularly as this is an evolving situation and information may change.

Please contact us at president@mdbfc.org for virtual lactation consultant and support group information.

- The Maryland Breastfeeding Coalition

International and National Resources

World Health Organization

<https://www.who.int/news-room/q-a-detail/q-a-on-covid-19-pregnancy-childbirth-and-breastfeeding>

International Lactation Consultant Association

<http://ilca.org/covid-19/>

United States Breastfeeding Committee (USBC)

Resources for Families:

- Academy of Breastfeeding Medicine: "[ABM Statement on Coronavirus 2019 \(COVID-19\)](#)"
- Carolina Global Breastfeeding Institute: "[COVID-19 Resources](#)"
- National Child Traumatic Stress Network: "[Parent/Caregiver Guide to Helping Families Cope with the Coronavirus Disease 2019](#)"
- UNICEF: "[Coronavirus disease \(COVID-19\): What parents should know](#)"

Resources for Health Care Providers:

- American College of Obstetricians and Gynecologists/Society for Maternal-Fetal Medicine: "[Outpatient Assessment and Management for Pregnant Women With Suspected or Confirmed Novel Coronavirus \(COVID-19\)](#)"
- Centers for Disease Control and Prevention: "[Interim Considerations for Infection Prevention and Control of Coronavirus Disease 2019 \(COVID-19\) in Inpatient Obstetric Healthcare Settings](#)"
- World Health Organization: "[Clinical management of severe acute respiratory infection when novel coronavirus \(nCoV\) infection is suspected](#)"

Resources for Public Health Workforce and Advocates:

- Centers for Disease Control and Prevention: "[Pregnancy & Breastfeeding: Information about Coronavirus Disease 2019](#)"
- Congress: "[Senators Warren and Murray Urge NIH and FDA to Incorporate the Needs of Pregnant People and Other Underrepresented Populations as Companies Develop Vaccines and Therapeutics for COVID-19](#)"
- National Perinatal Association: "[COVID-19](#)"

- U.S. Department of Agriculture, Food and Nutrition Service: "[FNS Program Guidance on Human Pandemic Response](#)"

The USBC is closely monitoring the situation. Please visit our "[Infant and Young Child Feeding in Emergencies, including COVID-19*](#)" webpage for additional resources and stay tuned on email and social media for updates and action opportunities to help minimize the impact of this virus.

From the United States Lactation Consultant Association (USLCA)

<https://uslca.org/covid19-breastfeeding>

American Academy of Pediatrics (AAP)

<https://www.aappublications.org/news/2020/04/02/infantcovidguidance040220>

Lactation Education Resources

<https://www.lactationtraining.com/covid-19> - downloadable fact sheets for healthcare providers providing lactation support

State and Local Resources

Maryland Department of Health (MDH)

Health Insurance Access/Enrollment:

Amid the public health crisis we are facing, Maryland Health Connection has opened up a Coronavirus Emergency Special Enrollment Period for all Marylanders who do not currently have health insurance.

https://thesocialpresskit.com/marylandconnect?utm_content=&utm_medium=email&utm_name=&utm_source=govdelivery&utm_term=

Maryland WIC Program

<https://phpa.health.maryland.gov/wic/Pages/Home.aspx>