

Highlights of Maryland Breastfeeding Coalition Quarterly Meeting
September 9, 2020

1. CDC's Breastfeeding Report Card recently released:

<https://www.cdc.gov/breastfeeding/data/reportcard.htm> Also see attached slides compiled by Nancy McAlduff. Maryland overall met HP 2020 goals, but African American rates still lower. Better than US overall but has not really changed much in the last 8 years. Other groups have improved. Newest data released in August 2020 (2017 data).

2. Healthy People 2030 goals were released Aug 18, 2020.

<https://health.gov/healthypeople/objectives-and-data/browse-objectives/infants>

New Breastfeeding Targets (big ones!):

- Increase the proportion of infants breastfed exclusively through age 6 months from 35.9% in 2015 to 54.1% by 2030
- Increase the proportion who are breastfed at 1 year from 24.9% to 42.4% by 2030.

1. MBC's IBCLC's of Color Scholarship Project – we awarded 4 scholarships FY 2020 and 2 will test this fall! Next application cycle will likely launch Nov/Dec 2020 and award in February.

2. Breastfeeding Friendly Workplace Awards and Survey:

Please share the link to these surveys so that we can gather information on breastfeeding in the workplace during the pandemic. Awards for this year have been postponed but we are considering awarding special commendations to businesses who have gone over and above to provide supports.

- <https://forms.gle/rvjwUTDPegqtSDd19>
- <https://forms.gle/iZrPDjYhifPhnBeZ6>

5. Other links shared during the meeting:

- Harvard Mothers Study
(COVID-19): <https://projects.iq.harvard.edu/covidmothersstudy/home>
- Black Breastfeeding Week Article- LLLI (Altrena Mukuria):
<https://www.lli.org/it-takes-a-village-to-raise-a-mother/>
- MCO Breastpump Info: http://mdbfc.org/?page_id=366